



OUR CATCH UP NEWSLETTER TO BRING YOU UP TO DATE WITH WHAT'S GOING ON HERE

MAKING DECORATIONS FOR THE CAMTRUST CHRISTMAS TREE

by Cathie

We decided to make a tree with a bicycle theme for the Histon Christmas Tree Festival. We made the tree from different sized bicycle wheels and we made various decorations to hang from the wheels. We used Camtrust colours and put pink and purple ribbons around the wheels and hung silver, pink and purple baubles.



We rolled out some air-dried clay and cut out round shapes. We used wooden bicycle stencils to make an impression on them. We then sprayed them with silver paint. We also covered old CDs with silver card and glued photographs of Camtrust clients on them. We hung them from the tree with coloured string.

We made stars from pieces of bicycle chains and sprayed them silver. We used reflectors on the wheels to reflect the fairy lights. It looked unusual and attractive.

MY CHRISTMAS DAY

by Janette

I booked a taxi on Saturday night for Sunday to take me to Church of the Good Shepherd. The taxi dropped me at the church and I went inside and sat with an old friend.

There were lots of new people there but I do know Dave Maher who is the vicar. I enjoyed the service and we sang some carols.

After the service, we started getting ready to go to Ruth's house but Ruth couldn't get 2 walkers in her taxi so she called another taxi. When I got to Ruth's I had a glass of wine.

Ruth served our Christmas lunch which was turkey, pigs in blankets, carrots, roast potatoes, roast parsnips, sprouts and afterwards I had lemon tartlet which was gorgeous. Then I had a cup of tea before I went home in a taxi.



I enjoyed my day very much.

CAMTRUST CHRISTMAS DINNER 2022

By Jim

At Camtrust we were very lucky to have Christmas Dinner on two days, Tuesday the 3th and Wednesday the 14th of December. On both days Christmas dinner was cooked by Steve for clients, staff and volunteers, there were lots of people to cook for.

Jim and Katie were on Vegetable Preparation, peeling and chopping potatoes, carrots and parsnips. Once dinner was ready we all sat round the table, pulled crackers and tucked into our Christmas dinner. Jim said "It was a good afternoon, great food and it was nice having everyone together for Christmas dinner".



CHRISTMAS TREE FESTIVAL

by Katie

We were invited by Friends of Histon and Impington community (Hi Friends) to take part and submit a decorated tree into the 2022 Christmas tree festival organised by Hi Friends in partnership with and to be displayed at Histon Methodist church.

We discussed ideas and Steve had a "WHEELY" good idea to use bicycle wheels to form the shape of the tree. This would remind the community of Camtrust's social enterprise bicycle refurbishment project.

Over the following weeks with our bicycle mechanics, we identified bike parts which could hang on our tree. These included different sized sprockets, a crank and various size bike wheels ranging from small child to large adult wheels. We cleaned each bike wheel, added a ribbon around the rim and attached bike reflectors onto the spokes.

Michael cleaned a broken bike chain and Clive and Len helped by cutting the chain into lengths. We glued the chain links into a star formation. When they were dry Claire and Katie sprayed them with silver paint.

A couple of weeks before the festival we assembled the tree in the Camtrust studio. Once we had put it together we started decorating it with the small decorations we had made. We added baubles with photos of staff, volunteers and clients inside or stuck on. We added tinsel and lights and cotton wool at the bottom to look like snow. We were pleased with how our tree looked - it was WHEELY good!

The day before the festival, Claire, Lilly, Len and Clive took the tree to the Methodist Church and set it up there. At the festival there were lots of trees made by local community organisations. Members of the public enjoyed looking at different trees and said our Camtrust Christmas Tree was one of the best.



CAMTRUST CHRISTMAS CARDS

by Michael

We decided to have photographs of staff, volunteers and clients for this year's Camtrust Christmas cards. We had the option to wear either Father Christmas hats or festive glasses if we wanted.

We then went outside to have our photo taken in groups. Our designer Tony then used these photos to create our 2022 Christmas card.



TV PROGRAMME REVIEWS

By Ben

These are three of my favourite programmes that I like watching and I have given three reviews and I have given three feedbacks on the programmes that I enjoy watching when I am at home and when I have some free time.

My first programme that I really like watching is *Would I Lie to You*. The reason why I like watching it is because you get to work out whether it's a truth or lie and it is very funny.



My second programme that I really like watching is *Death in Paradise*. The reason why I like watching it is because you feel like you are actually on holiday there in Saint Marie.



The third programme that I really like watching is *MasterChef*. The reason why I like watching it is because you can get new ideas for recipes that you can cook and make yourself for when you are at home.



CAMBRIDGE PANTO DICK WHITTINGTON

By Kirk

Mum, mum's friend and I went to see Dick Whittington and his Cat at the Cambridge Arts Theatre. We sat in the circle right at the back.

The cast included:

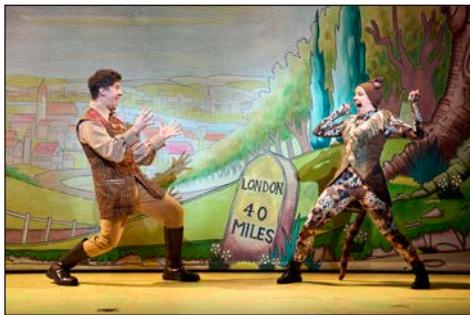
Matt Crosby as Sarah the Cook (Dame)
Rolan Bell as King Rat (baddy)
Ruby Ablett as Alice Fitzwarren
Luke Baker as Dick Whittington
Nicole Bird as Silly Billie



The story of Dick Whittington is about a man who went to London to make his fortune and on his way he saw a cat. The cat and Dick Whittington then saw a girl called Alice and he fell in love. He was looking for a job and he found one working in Alice's shop.

Before he can marry Alice he had to fight King Rat. King Rat wanted to be Lord Mayor but was causing lots of problems in London.

This is a purrr-fect panto - it was really funny. Before the wedding we had Sarah the Cook and Silly Billie come out to do the audience participation when we sung Sweet Caroline. Everybody sang except me, I just waved.



FOX CALENDAR

by Jack

As it's the New Year, in our art session today, we have been making our own 2023 calendars. I chose to draw a picture of my favourite animal: The Fox.

Foxes have been my favourite animal since I was a young child at preschool. When I was identifying which sound is made by each animal I looked at the pictures and one animal got my attention - it was the fox. I was young and curious and asked my helper some questions about foxes.

By the time I turned 16 they became my favourite animal and I talk about them all the time. When I turned 17, I was interested in superheroes and comics, and when I saw the movie 'Kick-ass' I loved it and I got so hyped up that I tried to create my own superhero. It took a while to come up with a name so I thought "I love foxes and I am from England" so I came up with a name England Fox. I drew pictures of him all the time but as the years passed I wanted a more stylish name. In 2017, when I was 24, I finally came up with a better name. I realised their fur is red and that is when I came up with the name RedFox.



THE TITANIC

by Ben

I used the internet to find out the answers to questions about the Titanic.

- On what date did the Titanic depart? The Titanic departed on the 10th of April 1912.
- What was the Titanic's route? The Titanic's route was between Southampton and New York city.
- What was the captain's name? The captain's name of the Titanic was Edward John Smith.
- How many people were aboard the Titanic? The number of people aboard the Titanic was 2,223.
- Who saw the iceberg first? Frederick Fleet was the first sailor and crewman to see the iceberg and he said "Iceberg , right ahead!" .
- Where did the Titanic sink? The Titanic sank in the North Atlantic Ocean.
- How many people survived? 706 people survived from the disaster of the Titanic.
- How many men, women and children died? 1,347 men died in the Titanic disaster, about 110 women died and 53 children died.
- What caused the Titanic to sink? The reason that caused the Titanic to sink was a collision with an iceberg.



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REMEMBRANCE ART
by Jim



November 2022
We learnt about Remembrance Sunday and decided to create a poppy picture for our Camtrust studio.
In our art session we recycled an old canvas picture and working as a group we painted over the existing picture to create a new art piece.

We used acrylic paints and various textured brushes to design our picture. "I thought it was brilliant and the finished painting looks great and colourful" said Jim.



By Minoli

Dave Cook, an ex-fireman came to speak to us about fire safety. Dave was a fireman for 30 years and currently, teaches fire and health safety at a college. During the visit, Dave showed us a video about lithium battery explosions and gave us tips on how to prevent these fires.

We were able to read out the questions we had previously prepared which Dave kindly answered.



THANK YOU

WE WOULD LIKE TO SAY A HUGE **THANK YOU** TO ALL OUR SUPPORTERS AND SPECIAL THANKS GOES TO:

Thank
You

- STATION STORES
- BUXHALL FARM
- HISTON GUIDES
- ST ANDREWS CHURCH
- HISTON BEER FESTIVAL
- LITTLE ST MARYS CHURCH
- THE EVELYN TRUST
- CAMBS COMMUNITY FOUNDATION
- HISTON AND IMPINGTON FEAST
- CO-OP
- AMAZON SMILE
- GREATER CAMBRIDGE SHARED WASTE

by Jodie

Q: What did you do before you came to Camtrust?

A: I was retired. Before that I was a teaching assistant at Chesterton Community College

Q: How long have you been a trustee for Camtrust?

A: About 6 years

Q: How long have you been volunteering at Camtrust?

A: About 7 years

Q: How many trustee meetings have you attended?

A: I can't remember! - Lots and lots!

Q: What are your favourite memories at Camtrust?

A: So many! - the Ladybird River Trips from St Ives in September are always great fun, and so are the Christmas parties, but every day something amusing happens, the clients and the staff are so good hearted!



THIS YEAR WE ARE CELEBRATING OUR 30TH (PEARL) ANNIVERSARY

We've started planning what we'd like to do to celebrate and also fundraise - we look forward to sharing these plans with you soon.

